Okra Pepsin E₃

Please Copy for Your Patients

Okra Pepsin E₃ Contains Okra, Vitamin E₃, and Allantoin to Provide Bowel-Cleansing Action and Tissue-Healing Properties

The ingredients of Okra Pepsin E_3 act in concert to help keep the stomach and gastrointestinal system healthy. These ingredients provide and facilitate relief of temporary gastrointestinal symptoms. In agriculture, experts emphasize the nutritional importance of okra, calling it a "powerhouse of valuable nutrients." In addition to providing important vitamins and minerals, nearly half the nutrients in okra are soluble fiber in the form of gums and pectins, which promote cardiovascular and gastrointestinal health. The natural beneficial properties of okra, vitamin E_3 , and allantoin protect tissues in the stomach and the gastrointestinal tract.[†]

How Okra Pepsin E₃ Keeps You Healthy

Maintains healthy gastrointestinal function

The okra contained in Okra Pepsin E_3 provides high levels of insoluble fiber and mucilage. This fiber and mucilage helps keep the intestinal tract healthy. Ingredients in Okra Pepsin E_3 help the intestinal tract stay healthy during periods of diarrhea and hard stools. Hydrophilic colloids from mucilage relieve constipation by providing motility of feces. Folic acid, also found in okra, is an important source of vitamin B, which has been linked to better gastrointestinal health. Pepsin is a natural enzyme that aids digestion by degrading protein in the stomach.†

Promotes cardiovascular health

Okra provides significant levels of fiber, which has been found to support cardiovascular health. Okra also contains oils that provide unsaturated fatty acids. Okra provides a source of folic acid, which also supports cardiovascular health.†

Supports tissue health

Okra Pepsin E_3 provides healing through stimulating elevated serum levels of calcium and promoting phagocytosis, the process in which unwanted microorganisms and harmful debris are removed from the body. Allantoin has been demonstrated to be clinically beneficial for supporting healthy epithelial tissues and stimulating immune function. Mucilage from okra coats various tissues, providing lubrication as well as cooling–an activity that relieves gastrointestinal discomfort.[†]



Introduced in: 1962 Content:

40 Capsules - 6080 150 Capsules - 6085

Supplement Facts:		
Serving Size: 1 capsule Servings per Container: 40 or 150		
		%DV
Calories	1	
Cholesterol	5 mg	2%



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+ These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Okra Pepsin E₃

What Makes Okra Pepsin E₃ Unique

Unique Product Attributes

Multiple nutrients from a variety of plant and animal sources

- Okra, tillandsia, pepsin, vitamin E₃, and allantoin provide cleansing and maintenance qualities not found in many digestive support products
- · Okra, known as a "powerhouse of valuable nutrients," provides important vitamins and minerals to promote cardiovascular and gastrointestinal health
- Tillandsia contains minerals, chlorophyll, and many of the B vitamins
- Extracts from bovine tissues provide nutrients and support to the corresponding tissues in humans
- · Vitamins, minerals, and nutrients from plants and animal tissues work synergistically for maximum effect+

Unique Processing

Exclusive low-temperature, high-vacuum drying technique

· Preserves the enzymatic vitality and nutritional potential of ingredients

Not disassociated into isolated components

• The nutrients in Okra Pepsin E₃ are processed to remain intact, complete nutritional compounds

Degreed microbiologists and chemists in our on-site laboratories constantly conduct bacterial and analytical tests on raw materials, product batches, and finished products

Ensures consistent quality and safety

Vitamin and mineral analyses validate product content and specifications

· Assures high-quality essential nutrients are delivered

Whole Food Philosophy

Dr. Lee challenged common scientific beliefs by choosing a holistic approach of providing nutrients through whole foods. His goal was to provide nutrients as they are found in nature-in a whole food state where he believed their natural potency and efficacy would be realized. Dr. Lee believed that when nutrients remain intact and are not split from their natural associated synergists-known and unknown-bioactivity is markedly enhanced over synthetic nutrients. Following this philosophy, even a small amount of a whole food concentrate will offer enhanced nutritional support, compared to a synthetic or fractionated vitamin. Therefore, one should examine the source of nutrients rather than looking at the quantities of individual nutrients on product labels.

Each capsule supplies 100 mg okra powder, 20 mg pepsin (1:10,000), and 15 mg tillandsia extract.

Proprietary Blend: Okra, Tillandsia usneoides extract, bovine orchic extract, pepsin (1:10,000). carbamide, alginic acid, and allantoin.

Other Ingredients: Gelatin, lactose (dairy), water, calcium stearate, and colors.

Suggested Use: One capsule after each meal, or as directed.

Sold to health care professionals.

Studies on nutrients generally use large doses and these studies, some of which are cited below, are the basis for much of the information we provide you in this publication about whole food ingredients. See the supplement facts for Okra Pepsin E₃. Agribusiness Information Centre. India. 20 July 1999

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